

**Seeking help for depression, stress and other types of mental illness is a big step.** LiveHealth<sup>®</sup> Online makes it easier for you to take that step by providing convenient access to licensed therapists in the privacy of your own home or office. **The cost of your LiveHealth Online Psychology visit will follow the same cost structure as your medical plan.**



## QUICK

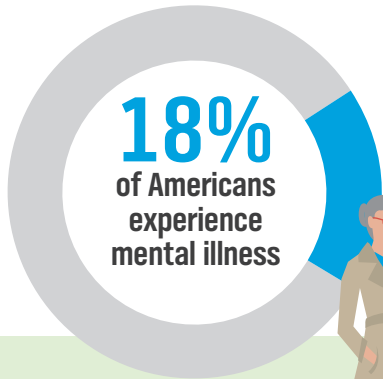
In most cases, the first visit can be scheduled within four days or less.



Download the free LiveHealth Online app or access [livehealthonline.com](http://livehealthonline.com) and follow the prompts to sign up.



Have a live video call with a psychologist or therapist from a convenient and comfortable environment, such as your home.



that's **58 million people**

## Yet, 1 in 5 Adults

report they do not get the mental health support they feel they need, and only 36% of adults having sought treatment for stress.

80% of Americans report experiencing stress. That's nearly 260 million people! Additionally, 66% of people believe that their stress impacts their overall health.



**Psychologists and therapists seen through LiveHealth Online Psychology can help you with many conditions. Including:**

- Stress
- Anxiety
- Depression
- Relationship or family issues
- Grief
- Panic attacks
- Coping with an illness



**7 Days a week**

7am to 11pm coast to coast.



**Prescription Free**

Psychologists and therapists are not able to prescribe medications.



**Available to**

adults and children 10 and older.



**Fees based on a 45-minute visit**

and vary depending on type of visit, professional, and insurance coverage.

**To learn more about LiveHealth Online, visit [livehealthonline.com](http://livehealthonline.com)**

Please note: Because of the dynamic nature of telehealth, laws, statutes, or policies regarding telehealth vary by state and change frequently. For the very latest availability please go to: [livehealthonline.com](http://livehealthonline.com). LiveHealth Online is the trade name of Health Management Corporation. © 2017 Health Management Corporation. All rights reserved.

Sources:

mentalhealthamerica.net, Parity or Disparity: The State of Mental Health in America 2015 Report. Google Survey commissioned by LiveHealth<sup>®</sup> Online, March 2017.

Update published May 2017.