



## Protect yourself and those around you. Get your seasonal flu shot.



Most UnitedHealthcare medical plans cover annual flu shots at 100 percent when you use a contracted network provider, such as those listed in this flier. Ask your employer or check your plan documents for your specific coverage details.



Show your health plan ID card to confirm pharmacy participation.

The flu affects millions of people each year and can lead to serious illness, or even death. The flu is a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), the best way to prevent the flu is by getting vaccinated each year.<sup>1</sup>

### Where to get your flu shot

There are several ways you can obtain this year's flu vaccine. Be sure to use a contracted network provider such as those listed in this flier.

1. Contact your primary care physician to schedule your annual flu shot. A normal office visit copayment or coinsurance may apply.
2. Visit one of the select retail locations or pharmacies listed on this flier. Vaccine supplies may vary by location.  
Please call in advance for details and present your membership card at the time of service. (Members in Oklahoma must also present a signed doctor's order if the flu shot is given by a pharmacist.)
3. To locate a network provider, visit [www.uhcwest.com](http://www.uhcwest.com) or call the Customer Care phone number on your health plan ID card.

### Retail locations and pharmacies<sup>2</sup>

Members may go to any of the listed select retail pharmacies with their health plan ID card to obtain a flu shot on a walk-in basis. Pharmacists associated with retail pharmacies can administer flu shots. No appointments are necessary with these pharmacies:

- ▶ **CVS® Pharmacy**  
[www.cvs.com/flu](http://www.cvs.com/flu)
- ▶ **Kmart® Pharmacy**  
[www.kmart.com/pharmacy](http://www.kmart.com/pharmacy)
- ▶ **Meijer® Pharmacy**  
[www.meijer.com/pharmacy](http://www.meijer.com/pharmacy)
- ▶ **Rite-Aid® Pharmacy**  
[www.riteaid.com/pharmacy/services/immunizations](http://www.riteaid.com/pharmacy/services/immunizations)
- ▶ **Safeway® Stores, including Carrs, Dominick's, Genuardi's, Pavilion, Randalls, Tom Thumb and Vons**  
[www.safeway.com/ShopStores/Immunizations.page](http://www.safeway.com/ShopStores/Immunizations.page)
- ▶ **ShopKo**  
[pharmacy.shopko.com/flushots.php](http://pharmacy.shopko.com/flushots.php)
- ▶ **Summit Health, providing services at select Walmart and Sam's Club locations**  
[www.summithealth.com](http://www.summithealth.com)
- ▶ **Target® Pharmacy**  
[www.target.com/pharmacy/flu-shots](http://www.target.com/pharmacy/flu-shots)
- ▶ **Walgreens® Pharmacy**  
[www.walgreens.com/flu](http://www.walgreens.com/flu)

Please note that there may be some instances where a particular location offered by one of the above centers is not participating in the national UnitedHealthcare network.



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<sup>1</sup> Source: [www.cdc.gov/flu](http://www.cdc.gov/flu)

<sup>2</sup> Please note that age restrictions or limitations may apply. Check with vendor for specific age or flu shot requirements.

Your specific health plan may not provide 100% coverage of flu shots (with no cost-share) at all of the pharmacies listed here. Visit [www.uhcwest.com](http://www.uhcwest.com) for your specific coverage. Components subject to change. For information from the Centers for Disease Control and Prevention (CDC) about the 2013-2014 influenza season, including information about the season's vaccines, vaccination recommendations and disease activity, <http://www.cdc.gov/flu/protect/vaccine/index.htm>. UnitedHealthcare is not affiliated with this website.

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